

# **Cruise**



***IT'S TIME FOR A FLU SHOT AGAIN!***

Seniors (60 years and older), people with heart disease, diabetes or other chronic problems, children six months old through five years of age need a flu shot every year! Pregnant women, health care workers, household members or caregivers of any high risk person need flu shots too!

The San Bernardino County Department of Public Health Immunization Program offers low cost flu shot clinics all over San Bernardino County. Shots cost \$5. For your nearest clinic call

***Through  
Flu Season***

**1-800-722-4794**

**East/West Schedule**

**Rialto Senior Center**

1411 S. Riverside Ave., Rialto



**Monday, October 15, 2007**

9 - 11 AM

**Clinical Services Building**

799 E. Rialto Ave., San Bernardino



**Friday, October 26, 2007**

9 - 11 AM

**Redlands Mall**

100 Redlands Blvd., Redlands



**Wednesday, October 17, 2007**

9 AM - 1 PM

**Mountains Community Center**

675 Grandview Rd., Twin Peaks



**Tuesday, October 30, 2007**

10:30 AM - Noon

**Highland Senior Center (Main Gate)**

3102 E. Highland Ave., Highland



**Friday, October 19, 2007**

9 AM - Noon

**Hutton Community Center**

660 Colton Ave., Colton



**Friday, November 2, 2007**

9 - 11 AM

**Big Bear Senior Center**

4251 Big Bear Blvd., Big Bear Lake



**Wednesday, October 24, 2007**

10 AM - Noon

**San Bernardino GSA Building**

777 E. Rialto Ave., San Bernardino



**Tuesday, November 20, 2007**

9 - 11 AM

**Chino Community Center**

5443 B St., Chino



**Thursday, October 25, 2007**

9 - 11 AM



***Bon Voyage Flu!***